

Table 1. Demographic characteristics of the study population	
Age (years)	65.5 ± 10.5
Gender	
Male	55 (50.5%)
Female	54 (49.5%)
Education (years)	12.5 ± 3.5
Marital status	
Married	45 (41.5%)
Single	10 (9.1%)
Widowed	25 (23.0%)
Divorced	10 (9.1%)
Occupation	
Retired	35 (32.0%)
Unemployed	15 (13.8%)
Employed	5 (4.6%)
Student	1 (0.9%)
Homemaker	10 (9.1%)
Health status	
Good	45 (41.5%)
Fair	10 (9.1%)
Poor	25 (23.0%)
Very poor	10 (9.1%)
Chronic diseases	
Hypertension	35 (32.0%)
Diabetes	15 (13.8%)
Heart disease	10 (9.1%)
Stroke	5 (4.6%)
Arthritis	10 (9.1%)
Chronic kidney disease	5 (4.6%)
Chronic lung disease	5 (4.6%)
Chronic liver disease	5 (4.6%)
Chronic mental disease	5 (4.6%)
Chronic pain	10 (9.1%)
Chronic infection	5 (4.6%)
Chronic allergy	5 (4.6%)
Chronic skin disease	5 (4.6%)
Chronic eye disease	5 (4.6%)
Chronic ear disease	5 (4.6%)
Chronic nose disease	5 (4.6%)
Chronic throat disease	5 (4.6%)
Chronic mouth disease	5 (4.6%)
Chronic rectum disease	5 (4.6%)
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Chronic	

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Chronic liver disease	5 (4.6%)
Chronic mental disease	5 (4.6%)
Chronic pain	10 (9.1%)
Chronic fatigue	10 (9.1%)
Chronic stress	10 (9.1%)
Chronic anxiety	10 (9.1%)
Chronic depression	10 (9.1%)
Chronic insomnia	10 (9.1%)
Chronic headache	10 (9.1%)
Chronic dizziness	10 (9.1%)
Chronic nausea	10 (9.1%)
Chronic vomiting	10 (9.1%)
Chronic diarrhea	10 (9.1%)
Chronic constipation	10 (9.1%)
Chronic cough	10 (9.1%)
Chronic asthma	10 (9.1%)
Chronic allergies	10 (9.1%)
Chronic skin disease	10 (9.1%)
Chronic eye disease	10 (9.1%)
Chronic ear disease	10 (9.1%)
Chronic nose disease	10 (9.1%)
Chronic throat disease	10 (9.1%)
Chronic mouth disease	10 (9.1%)
Chronic genital disease	10 (9.1%)
Chronic urinary disease	10 (9.1%)
Chronic reproductive disease	10 (9.1%)
Chronic endocrine disease	10 (9.1%)
Chronic immune disease	10 (9.1%)
Chronic nervous disease	10 (9.1%)
Chronic muscular disease	10 (9.1%)
Chronic connective tissue disease	10 (9.1%)
Chronic blood disease	10 (9.1%)
Chronic digestive disease	10 (9.1%)
Chronic respiratory disease	10 (9.1%)
Chronic circulatory disease	10 (9.1%)
Chronic excretory disease	10 (9.1%)
Chronic reproductive system disease	10 (9.1%)
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Chronic endocrine system disease	10 (9.1%)
Chronic immune system disease	10 (9.1%)
Chronic nervous system disease	10 (9.1

Table 1. Demographic characteristics of the study population	
Age (years)	65.0 ± 10.0
Gender	
Male	50 (50.0%)
Female	50 (50.0%)
Education (years)	12.0 ± 2.0
Marital status	
Married	40 (80.0%)
Single	10 (20.0%)
Occupation	
Retired	30 (60.0%)
Unemployed	20 (40.0%)
Income (USD/month)	1,200 ± 300
Health status	
Good	30 (60.0%)
Poor	20 (40.0%)
Comorbidities	
Hypertension	15 (30.0%)
Diabetes	10 (20.0%)
Cholesterol	12 (24.0%)
Smoking status	
Smoker	10 (20.0%)
Non-smoker	40 (80.0%)
Alcohol consumption	
Regular	5 (10.0%)
Occasional	15 (30.0%)
Never	30 (60.0%)
Family size	3.0 ± 1.0
Living alone	10 (20.0%)
Living with family	40 (80.0%)
Health insurance	
Yes	35 (70.0%)
No	15 (30.0%)
Access to healthcare	
Easy	30 (60.0%)
Difficult	20 (40.0%)
Healthcare utilization	
Regular	25 (50.0%)
Irregular	25 (50.0%)
Healthcare satisfaction	
Satisfied	30 (60.0%)
Dissatisfied	20 (40.0%)
Healthcare access barriers	
Cost	10 (20.0%)
Distance	15 (30.0%)
Time	10 (20.0%)
Information	5 (10.0%)
Transportation	5 (10.0%)
Healthcare quality	
Good	30 (60.0%)
Poor	20 (40.0%)
Healthcare provider satisfaction	
Satisfied	30 (60.0%)
Dissatisfied	20 (40.0%)
Healthcare system evaluation	
Good	30 (60.0%)
Poor	20 (40.0%)
Healthcare system improvement	
Yes	30 (60.0%)
No	20 (40.0%)
Healthcare system reform	
Yes	30 (60.0%)
No	20 (40.0%)
Healthcare system change	
Yes	30 (60.0%)
No	20 (40.0%)
Healthcare system reform	
Yes	30 (60.0%)
No	20 (40.0%)
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Healthcare system change	
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Healthcare system reform	

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Age (years)	65.0 ± 10.0
Gender	
Male	50 (50.0%)
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Education (years)	12.0 ± 2.0
Marital status	
Married	40 (80.0%)
Single	10 (20.0%)
Occupation	
Retired	30 (60.0%)
Unemployed	20 (40.0%)
Income (USD/month)	1000.0 ± 500.0
Health status	
Good	40 (80.0%)
Poor	10 (20.0%)
Smoking status	
Smoker	10 (20.0%)
Non-smoker	40 (80.0%)
Alcohol consumption	
Drinker	10 (20.0%)
Non-drinker	40 (80.0%)
Comorbidities	
Hypertension	20 (40.0%)
Diabetes	10 (20.0%)
Cholesterol	15 (30.0%)
Arthritis	10 (20.0%)
Depression	5 (10.0%)
Other	5 (10.0%)

